Foundations for Freedom

INTERNATIONAL COURSE

for people aged between 18 and 30

Tirley Garth, Cheshire, UK September 1 - 20, 1994



Foundations for Freedom: International Course Sept 1-20 1994

List of participants

√Karina Agabekova	Russia, student, Nizhni Novgorod University	5
✓ Peter Belkovski	Russia, student, St Petersburg	
✓Anna Christine Christensen	Denmark, student, Sheffield University (UK)	
√Gabr id a_Drgová	Czech Republic, student, Prague University	(arr. 6th)
Mircea Eladi	Moldavia, student, Manchester University (UK)	
√Erika Ellamaa	Estonia, student, Tartu	
∨Nahlel Fico	Albania, student, Tirana	
√Jarosław Golacik	Poland, student, Warsaw School of Economics	
Denitza Hadjinikolova	Bulgaria, student, Germany	(dep. 11th)
√Michelle Hemenway	United States, graduate, Wisconsin	(arr. 2nd)
√Yurij Holyanych	Ukraine, student, University of Kiev-Mohyla Acad	demy
√Igor Hula	Ukraine, medical doctor, Lviv	(arr. 4th)
✓ Magdalena Kaplanová	Czech Republic, midwife, Prague	
√ Oksana Kitaeva	Russia, student, Nizhni Novgorod University	
⁄Kaja Kivi	Estonia, Secretary in the Methodist Church, Tallin	in
√Tomislav Majerić	Croatia, student, Zagreb University	
√Irina Oleinik	Ukraine, student, University of Kiev-Mohyla Acad	lemy
√Wiktor Oleksiejczuk	Poland, student, Warsaw University	
✓Milan Parivodic	Serbia/Yugoslavia, lecturer in law, University of I	Belgrade
√Kumar Rawal	United Kingdom, student, Sheffield University	· ·
√Oleg Savtchine	Ukraine, student, University of Kiev-Mohyla Acad	lemy
√Margit Sarv	Estonia, student, Tartu	
Sergey Sokolov	Russia, student, Moscow Institute of International	Relations
✓ Jelena Vranjesević	Serbia/Yugoslavia, post-graduate student, Belgrade	•
√Jarmila Vrbenská	Czech Republic, student, Prague University	
Chris B.S.		
Chris B.S. Andrew S.		
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List of faculty, Tirley Garth 'family' and backup personnel

Course coordinators Edward Peters Ann Rignall	coordinator of the FFF programme, Oxford teacher and writer, Merseyside	
Course faculty X Erik Andren Philip Boobbyer X John Carliste ✓ Rex Dilly ✓ Chris Evans	coordinator of the FFF Visiting Courses, Staines lecturer in Politics, London School of Economics industrial consultant, Sheffield Moral Re-Armament, Edinburgh, Scotland <i>Industrial Forums</i> , Worcester	7-9 2-5, 16-20 8 only
XNicholas Frayling	community worker, London Canon of Liverpool Cathedral	16-18 7 only
— Dorothy Gavin Peter Hannon	city councillor, former Lord Mayor, Liverpool Moral Re-Armament, Northern Ireland	6 only 13-16
Joan Holland James Hore-Ruthven Jean Johnson	retired headmistress, New Zealand Moral Re-Armament, London former headmistress, Birmingham	5-6 1-2
→ Heinz & Gisela Krieg Geoffrey Lean	retired teachers, Berlin, Germany environmental journalist, London	1-11 5-6
—Jim Lester —John Lester	Conservative MP, Broxtowe, Nottingham medical practitioner, London	5-6 3-4
Archie & Ruth Mackenzie XLeslie Marsh Omnia Marzouk	retired ambassador, Scotland Methodist minister, Stoke on Trent paediatrician, Liverpool & Egypt	3-6 16 only 5 only
—Mary Midgley Roy Paige	philosopher, Newcastle retired accountant, Kent	3-4
Vijaylakshmi Subrahmanyan VJoy Weeks		13-17
X Paul Williams [X Mike howe]	Moral Re-Armament, North Wales	7 only 1
Tirley Garth 'family' Fred Button YDick & Margaret Cosens	electronics engineer Industrial Pioneer	·
× Blair and Sarah Cummock Richard and Marlys Pearce	Trust secretary (Blair), kitchen manager (Sarah) hosts of the main house	
Peter Saunders Jim and Ginny Wigan	retired lighting consultant personnel manager (Jim), conference secretary (Gi	nny)
Backup support John & Diana Bennett	retired engineer, Birmingham	5-6
Bill & Phyl Cameron-Johnso Mrs Eladi & Janet Hastings Andrew & Hazel Hastings Miles & Janet Paine		
XElisabeth Peters Alec & Alison Porter	Moral Re-Armament, Oxford Moral Re-Armament, Glasgow, Scotland	14-18 4-9

Bruce



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PROGRAMME

Normal daily timetable			
08.00	Time of reflection		
08.30	Breakfast, followed by practical work/preparation		
10.00	First morning session		
11.15	Coffee break		
11.30	Second morning session		
13.00	Lunch followed by sports, recreation, etc		
16.00			
16.45	Afternoon session		
	Supper		
Section of the second	Evening programme		

(The programme is subject to changes)

X Thurs 1st

Arrival and introduction

20.15 Welcome; introduction of participants and faculty; practical orientation.

X Friday 2nd	Theme: Introducing ourselves	
	10.00	Welcome to Britain - talk on the British political scene illustrating the kind of democracy we have here, its origins, good points and limitations. <i>Chris Evans</i> , coordinator of Industrial Forums.
	11.30	Questionnaire and discussion: expectations from the course. What would you like to be remembered for? What worries you? What excites you? <u>Jean Johnson</u> , retired headmistress, Birmingham, and <u>Ann Rignall</u> , teacher and author.
	16.45	Introduction to Moral Re-Armament - historical and ideological context, and distinctive elements. <u>Edward Peters</u> , commissioning editor, 'For A Change' magazine.
	20.15	Documentary film: Crossroad (background to Moral Re-Armament

X Saturday 3rd Theme: Freedom Silence - exploring the importance of silence in our lives. 08.00 John Lester, medical doctor. 10.00 & 11.30 Seminar & discussion on freedom, starting from pre-read notes with questions. Philip Boobbyer, lecturer, London School of Economics. Talk on the moral and spiritual aspects of freedom: what makes us 16.45 free inside? what ensures us? John Lester. 20.15Games evening. X Sunday 4th Theme: Understanding the present 08.00 You are loved and chosen by God - meditation from Henri Nouwen's Life of the Beloved, asserting the uniqueness of each individual's place in God's heart of love. Edward Peters. Families and freedom: the impact of philosophy on our culture. 10.00Mary Midgley, philosopher and author. The political and social agenda of the 90s, in the light of the 11.30 growing interdependence of nations. Archie Mackenzie, former British ambassador. 16.45 Discussion groups on the morning themes. 18.30 Catholic and Protestant church services for those who wish. (Unfortunately there are no Orthodox or Greek Catholic churches near Tirley Garth.) Free evening. Theme: the role of the individual X Monday 5th 08.00 'Quiet times' - some practical advice on how to use times of silence. Ruth Mackenzie, Scotland. 10.00 & 11.30 Can the individual make a difference or is everything determined by social forces? Does God have a specific calling for our lives? Omnia Marzouk, paediatrician; Archie Mackenzie; Philip Boobbyer.

16.45

20.15

Country presentations (1): First session of participants' presentation

CROOKING SERVING

An informal evening with Geoffrey Lean, leading writer on

of their countries. Albania and Bulgaria.

environmental issues.

X Tuesday 6th	Theme: the British experience of political democracy		
	08.00	Honesty - facing the truth about oneself, the liberation that truth brings. Janet Paine, Manchester.	
	10.00	The culture of democracy: a national perspective. Jim Lester, Conservative Member of Parliament for Broxtowe, Nottingham.	
_ lar	11.30	Local government. Councillor Dorothy Gavin, former Lord Mayor, Liverpool.	
my arrival of	16.45	Country presentations (2). Croatia and the Czech Republic.	
my	20.15	Documentary film: 'For the Love of Tomorrow'. French Socialist Irène Laure's experience of forgiveness and her role in the post World War II reconciliation of France and Germany.	

X Wednesday 7th Theme: Nation and identity

08.00 Forgiveness. Joan Holland, retired headmistress, New Zealand.

10.00 & 11.30 Nationalism: Discussion of the meaning of nationalism and its implications for pluralistic societies. Case studies from Wales and Germany. Paul Williams, North Wales; Heinz & Gisela Krieg, Berlin.

16.45 Country presentations (3). <u>Denmark and Estonia</u>.

20.15 Ireland: the impact of English and Irish nationalism - understanding the situation Canon Nicholas Frayling, Liverpool Cathedral; and Alec Porter, Glasgow, (Living in Ireland)

X Thursday 8th Theme: Morality and the market economy

08.00 **Having a vision** - the importance of having a vision of how things are meant to be; perspective which gives courage. *Joan Holland*.

10,00, 11.30 & 16.45 taken by John Carlisle, industrial consultant, Sheffield.

Free atternoon
20.15 Board games and cards, Britain (Kumarl, Krik Andren
1 Vi Sitting Course), Puppets

X Friday 9th Theme: Making personal relationships satisfying and sustaining

08,00 Inner purity - the freedom of wanting nothing from others.

Edward Peters.

10.00 & 11.30 Seminar and discussion on the day's theme, led by Ann Rignall; Heinz & Gisela Krieg; and Dick and Margaret Cosens, 'Industrial Pioneer'.

Afternoon Departure to stay with families for the weekend.

x Sunday 11th evening Some may re-convene at Tirley Garth for the night.

X Monday 12th - Wednesday 14th Program in Birmingham

An insight into different aspects of a city, meeting representatives of industry, education, police, voluntary organisations and religious groups. (Detailed programme to be announced.)

Wednesday, 18.30 Return to Tirley Garth in time for supper.

20.15 Country presentations (4). Moldavia and Poland.

Thursday 15th Theme: Resolving conflict

O8.00 Dealing with difficult people: what do you do when you have to work with people you cannot get on with? Joy Weeks, teacher and writer.

10.00 & 11.30 Case studies in conflict resolution from South Africa and Ireland. Peter Hannon, Northern Ireland.

16.45 Country presentations (5). Russia and Serbia/Yugoslavia.

20.15 Programme to be announced. - Holdavi'a & Paland

Friday 16th Theme: How to pass on values so that they become normative for a society

08.00 Friendship. Elisabeth Peters, Oxford.

10.00 & 11.30 The role of education. Joy Weeks and Ann Rignall.

16.45 The role of the Church: A presentation of the Church's own vision of its role followed by discussion. Rev Leslie Marsh, Methodist minister, Stoke-on-Trent.

20.15 Documentary film: 'One Word of Truth': based on Aleksander Sozhenitsyn's Nobel Prize for Literature speech.

Saturday 17th Theme: Building community

08.00 Making space for one another. Edward Peters.

10.00 Case studies in community building from London. Lawrence Fearon, community worker.

11.30 Audio-visual presentation on Brazilian favellas.

An African perspective: discussion with five young men from Kenya, who sing as the musical group 'Five Alive'.

Five Alive: concert.

J <u>Sunday 18th</u>

Theme: The Life of belief

08.00

Fear and courage - overcoming fears, stepping out into the unknown. Vijaylakshmi Subrahmanyan, India.

10.00 & 11.30 How to sustain the vision and the life, the spiritual resources that keep us going when life gets tough. *Philip Boobbyer*

Saturday of 16.45

Country presentations (6). <u>Ukraine and the United States</u>.

18.30

Church services for those who wish.

29-15

Documentary film: 'Encounters with Truth', about the work in India of Mahatma Gandhi's grandson, Rajmohan Gandhi.

Monday 19th

Theme: Where do we go from here?

10.00 & 11.30 Round-up discussion including resolutions, ideas for action and evaluation of the course.

Saurafternoon 18.00

Packing for departure and preparations for evening.

Final banquet/cabaret with farewell speeches, music and cultural items. Lb reulewit]

Tuesday 20th

Departures after breakfast.

An introduction to Moral Re-Armament

Synopsis of talk by E Peters

INTRODUCTION

This course is not about Moral Re-Armament as such, but as the course's approach, and the perspective of many of the speakers, derives from the perspective and experience of MRA, it is important for your sake that you understand as much as you can about Moral Re-Armament.

1. WHAT MRA IS AND IS NOT

MRA is not a religion or a sect, nor a theology nor an idea. It is <u>an informal, inclusive network of people who share a commitment to applying the experience of personal inner transformation to the needs of wider society.</u> MRA has no formal membership. Its organisational structure is kept to a minimum. Its finances come mainly through the sacrificial giving of individuals.

2. THE HISTORICAL CONTEXT

MRA began in 1938, at a time when world war was imminent. Military rearmament was the order of the day. Frank Buchman, MRA's founder, picked up the thought of a Swedish writer, 'We must rearm morally.' 'Moral and spiritual rearmament' was what was needed, Buchman declared.

3. BUCHMAN'S MESSAGE AND EXPERIENCE

Buchman's message was fundamentally a very personal one. He saw society as made up of millions of individual people, and the character of society derived in large part from the choices and behaviour of those individuals. The place to begin to create an unselfish society was with the individuals which made it up. This belief had grown out of his Christian faith and his own personal experience. At a decisive moment his own life had been deeply changed. As a result of this experience he had come to believe that a change of motivation and direction was possible for anyone, and that in multiplying this change lay the possibility for a better society. The simple idea was: change must start with me, not the other person.

At the heart of Buchman's life, and of Moral Re-Armament, was and is a Christian experience. But MRA is for everyone, not just Christians.

4. THE IDEOLOGICAL CONTEXT

Buchman's thinking — Moral Re-Armament, as it became — <u>challenges the secular materialism</u> of our modern world. It is built on an older Judaeo-Christian world view which includes the following five assertions:

- 1. In place of the idea that history is an inevitable process, and man can only participate in that process, this view says that individual choices do affect history.
- 2. In place of the idea that man is purely a material being, it puts forward the view that we are both body and soul.
- 3. In place of the idea that man made God, this view believes that God made man.
- 4. In place of the idea that all values and moral standards are relative, this view proposes unchanging and absolute moral standards.
- 5. In place of the idea that the dividing line between good and evil lies between different classes, or races, or nations, this view believes this line runs through every human heart.

5. DISTINCTIVE ELEMENTS OF MRA'S APPROACH

There are three distinctive elements to MRA's approach, which derive from three propositions:

- 1. Proposition (a): God, who made us and loves us, has a purpose for each of our lives. We can discover that purpose if we truly ask Him. God also has a plan for wider society, and we can each have a part in that wider plan.
 - Practical idea: the 'quiet time' helps us to find God's will.
- Proposition (b): there are certain values by which we should guide our lives.
 Practical idea: the <u>'four moral standards'</u> honesty, purity, unselfishness and love are useful tools for dealing with the wrong in our lives.
- Proposition (c): there is a definite link between the individual and society, between the
 way we live our personal lives and the direction our societies take.
 Practical idea: each of us can have a part in changing the world, in making the world
 new.

6. THE ACTIVITY OF MRA

Examples include reconciliation between France and Germany, in Zimbabwe, and many other countries; new attitudes in both labour and management which have had a large impact on the efficiency of major industries in many countries; etc. But the success of MRA is not the point. MRA is a catalyst.

Notes on Freedom

to be read before seminar/discussion on Sept 3

Freedom is a big subject and we will be exploring different aspects of it during the next days together. These notes therefore serve as an introduction to the course, and particularly to the sessions on Saturday, September 3rd.

Before you begin reading this, please take some time to write down what freedom means to you. Then ask yourself whether you think other people on the course might define freedom in the same way. Does freedom mean different things to different people at different times?

These notes trace the journey from the Middle Ages, when outer freedom was less but people were more secure, to the present day when many people are outwardly free but inwardly insecure and unfree.

<u>Freedom in the Middle Ages</u> By our modern standards of freedom, there was none. Everybody was chained to his role in the social order. People did not think of themselves as individuals, as we do now, but as members of a particular social group. You were <u>born</u> a peasant, a knight or an artisan rather than <u>choosing</u> to be one. Each class had rules and obligations which determined their actions. There was no room for private initiative.

Freedom and the economy Despite the exploitation and injustice that existed in the Middle Ages, freedom did not become important until a new class of merchants and entrepreneurs emerged. They were the first to try to break the constrictions of class and locality. The development of capitalism meant that money, not birth, became most important. But this change brought a lot of insecurity and further exploitation.

Freedom and Religion At about the same time there was a change in religious thought. The old idea that a whole society, bound together by rules and obligations, would be saved from sin through the Church collapsed when the obligations that tied people together were cut. In the face of a terrible doubt about his salvation, the individual tried to convince himself that his good works were a sign that he was saved. This was the source of the Protestant work ethic.

Freedom from nature Mediaeval man saw himself as part of nature. This feeling of oneness expressed itself, as in many cultures today, in a rich mythology. His world was one filled with spirits, wood-nymphs, trolls, goblins and fairies, witches and wizards, and he trembled to upset them for fear of unleashing the terrible forces of nature in punishment. What changed this belief was the rise of science. Francis Bacon declared that the earth and all that lies on it is just "stuff" for Man to manipulate without fear. When he cuts down a tree, he does not need to worry about the wood-spirit, he is simply taking some formless matter on which he can impose his own creative will. Descartes, a mathematician, said that only by exposing knowledge to the acid of systematic doubt could we be sure of anything. Man cut the bonds that tied him to nature and became free to exploit nature. But at the same time, Man began to see himself as isolated from the world, from matter and from his fellow humans.

Freedom and isolation This tendency towards isolation is the negative side to the concept of freedom dominant in the West. Capitalism sees the individual's freedom as the freedom to choose between different products and different jobs. The co-operation involved is a fundamentally different sort of co-operation to the mediaeval economy. There is no obligation. Each individual co-operates for his own advantage. If circumstances change then partners become competitors. As a result, "the self-confidence, the 'feeling of self', is merely an indication of what others think of the person."

<u>Freedom from morality</u> Centuries of religious wars ended in an uneasy truce where, today, people of many different beliefs and moral codes live alongside each other. Many see religion and scientific truth as belonging to opposing camps. In the field of values everything is a matter of individual preference.

The will to power The basis of Western democracy is a belief that humans are basically motivated by a desire for power, and that the aim of politics is to secure the greatest happiness for the greatest number of people. The checks and balances of a parliamentary democracy aim to prevent any individual or group of individuals from obtaining too much power. Society is made up of individuals who, motivated solely by self-interest, contract to work together for their common good.

The fear of freedom Erich Fromm suggests² that there is another, vital, strand of human motivation which has often been ignored: the fear of being alone. To overcome this feeling, people sometimes try to submerge themselves in complete submission to another person, or by dominance over others - as happened in Nazi Germany. These traits are dangerous for democracy.

<u>Positive and negative freedom</u> So far we have been looking at freedom in terms of freedom <u>from</u> something instead of freedom <u>to</u> something. Fromm calls this second kind <u>positive</u> freedom. He believed that Man is a deeply social animal, and that the need to love and be loved is as important for us as the desire for personal advantage. He contrasts love with the submission/domination relationship. In a loving relationship the nature of the other is respected and encouraged. The desire is for the other to grow in independence and strength. No demands are made and nothing is taken except that which is freely given.

God, whose service is perfect freedom Foundations for Freedom believes that our deepest and truest nature is found in a loving relationship to God. Only in God are we able to find our true selves and thus are "free to be me". This concept is one found in the mystical traditions of all religions and contrasts with the structured, rule-bound forms of belief.

² The Fear of Freedom

Erich Fromm: The Fear of Freedom

Morality for freedom Some people think that morality is the enemy of freedom because it tells us what to do. But any kind of positive freedom needs us to submit ourselves to discipline. If I choose to be a ballet dancer or a musician, then from an early age I must submit myself to the discipline of following exercises and taking direction from a teacher. If I rebel against that discipline then I lose my freedom to follow the profession I have chosen. The same applies if I simply want to become a mature, responsible, loving person. It needs discipline, obedience to a good authority, even self-denial. If I refuse to accept that structure for my life and instead choose to follow what I want at any given moment, then I lose the chance to become my true self and remain at best a child, at worst a distorted creature.

Further reading

Much of this discussion of Freedom draws on Erich Fromm's *The Fear of Freedom*, first published in 1942. Fromm, a psychologist, was trying to understand the phenomenon of Fascism from a combined psychological and economic perspective. More on the philosophy of freedom can be found in Isaiah Berlin's *Four Essays on Freedom*.

On individualism and the alternatives to it, Martin Buber's *Ich und Du* (English translation, *I and Thou*) is superb. Sheldon Kopp's book, *If You Meet the Buddha on the Road, Kill Him*, and M. Scott Peck's *The Road Less Travelled*, both deal with personal growth from a psychological and spiritual perspective.

On freedom from morality, Mary Midgley's short book, Why Can't We Make Moral Judgements, covers an enormous amount of ground in a short space. Understanding the Present by Brian Appleyard is also good on the background of the Enlightenment.

Besides Augustine's *Confessions*, many spiritual books deal with the theme of homecoming in relation to God. A good survey of the Christian mystical tradition can be found in Rowan Williams' *The Wound of Knowledge*, especially chapter 4, 'The clamour of the heart'.

Mike Lowe, 30/8/94

NATION AND IDENTITY

Notes and questions for discussion on Wed 7 Sept

The origins of nationalism

Although nationalism is generally regarded as a relatively modern phenomenon, the nation state has its roots back in the middle ages and even earlier. France and Britain, for example, and later Spain and the Netherlands, were all coherent nations long before nationalism, in its current ideological sense, became such a force in the nineteenth century.

Defining nationalism

- 'Nationalism is fundamentally the expression of mass commitment above all other loyalties.' (Stephen Lee)
- Nationalism is primarily a political principle, which holds that the political and the national unit should be congruent. Nationalism as a sentiment, or as a movement, can best be defined in terms of this principle. Nationalist sentiment is the feeling of anger aroused by the violation of this principle, or the feeling of satisfaction aroused by its fulfilment. A nationalist movement is one actuated by a sentiment of this kind.' (Ernest Gellner)

A nation can most easily be defined as a people who share a common language, culture and customs, who inhabit a fixed territory, and who recognise common interests. By that definition there is no perfect 'nation' on earth. Nationalists are those who believe a defined area of land belongs to a specific ethnic, cultural and linguistic group, who demand that the government of their 'state' should be in the hands of that group, and who, to varying degrees, consider minority groups to be of inferior status.

Michael Ignatieff has brought a helpful clarification to our understanding of nationalism. He distinguishes between *ethnic nationalism* and *civic nationalism*. The former, he writes, 'claims that an individual's deepest attachments are inherited, not chosen. It is the national community that defines the individual, not the individuals who define the national community.' Civic nationalism, on the other hand, 'maintains that the nation should be composed of all those who subscribe to the nation's political creed, regardless of race, colour, creed, gender, language or ethnicity. It envisages the nation as a community of equal citizens, united in patriotic attachment to a shared set of political practices and values.'

What does a nation need to be a nation state?

A history? A common language? Natural boundaries? A common cultural tradition? Common religion?

It could be said that there is nothing natural about any nation state. They are all artificial creations.

Factors that may contribute to the emergence of nation states:

The demise of feudalism, and the demand for autonomy.

The process of industrialisation, and the rise of capitalism.

Military and technological progress. The growth of bureaucracy and better communications.

Secularisation: the erosion of traditional religions and cultural beliefs.

Geographical factors.

Reaction to foreign rule or a threat from a foreign power.

The ambition of one powerful dynasty to enlarge its area of hegemony.

The vision and ambition of a powerful individual leader.

Class interests (the Marxist interpretation).

Some questions for reflection:

- 1. When did you first realise that you belong not only to a family but also to a nation?
- 2. Did you hear other groups, minorities, neighbours, being mentioned as different, difficult, less honest, clean and trustworthy than your group?
- 3. Were there people who it was taken for granted one would not speak with? How did you as a child react? Did you try to find out about these people, or did you believe what you were told about them?
- 4. Were you taught about the things you should be proud of (e.g. personalities, history, culture) and about the wrongs that your group or nation had suffered from others? Was this the same as the official teaching in schools or was it different?

What do you think about the following quotations?

- 1. "One loves a land and a people because of their values."
- 2. "Historical memories easily turn into fanatical ideas. What masses of dangerous memories there are in every European state!" (Alfred Döblin, 1924)
- 3. "In some ways a nation has to find a basis, something that explains and carries her unity and distinctiveness." (V Krokow)
- 4. "Assertive ethnicity tends to swallow up individual identities; and in violent ethnicism whole tribes, races or nations can lose their identity in the louder identity of the gun or bomb. However, history offers no evidence that members of an ethnic group have natural feelings of love for one another. Even if feasible, creating ethnically homogeneous nations will not promote peace within or between such nations." (Rajmohan Gandhi)